

Sandra Gray School of Dancing Dress Regulations

Proper dance attire is to be worn to each and every class throughout the year. Dancing requires that the teacher be able to clearly see the students' arms, legs, neck, hipline, waistline etc. this way the proper technique can be taught. We ask that the students take special care and pride in the way they present themselves in their classes. Students are not allowed to wear baggy and sloppy looking sweat pants and sweat shirts in any classes with the exception of hip hop. A neat and tidy appearance is the only attire acceptable.

TAP tight fitting dance bodysuit and tights, dance shorty tops and shorts. (jazz pants of any color or style can be worn however the teacher may ask to see their entire legs so be prepared to remove your jazz pants). Proper tap shoes, beige ONLY & Tel-tone taps.

JAZZ/JUMPS & TURNS tight fitting dance bodysuit and tights, dance shorty tops and shorts. (jazz pants of any color or style can be worn however the teacher may ask to see their entire legs so be prepared to remove your jazz pants) jazz oxfords, beige or black, foot undies or jazz boots. (absolutely no socks).

LYRICAL dance bodysuit and tights (beige or ballet pink tights only, no black) dance short shorts maybe be worn over bodysuit -- no pants.

BALLET** black, navy or dark colored bodysuit, with or without sleeves, ballet pink tights only, clean ballet slippers & pointe shoes with elastics or ribbons. (**no sports bras showing please**). Ballet sheer skirts acceptable. **Please take extra care in purchasing a proper fitting Pointe Shoe.** For ballet a neat and tidy secure bun is mandatory.

**Please note: attire for ballet and tap exams may differ, so please review the requirements.

MUSICAL THEATRE regular jazz dance wear.

HIP HOP sweats and baggy pants and shirts are acceptable and sneakers please.

MODERN/CONTEMPORARY dance bodysuit with footless tights and/or bare legs and feet. For all classes other than ballet, hair must be in a neat and tidy pony tail or pulled away from face and not distracting.

Students not showing up to class with proper dancewear, attire, shoes and hair in a bun will **not** be allowed to take class.

Students and parents please do not take advantage of your teachers and ask them to make exceptions. Learning the skill and the craft of the various forms of dance is physical, therefore seeing the body line of the dancer, is, a definite must.

Remember it is your responsibility to arrive to every class with the proper attire on your body. Parents please ask your child often if they are adhering to the ballet attire rules.